

# **8 Warning Signs of Really Bad Youth Sports Coaching**

1. The coach uses profanity.
2. The coach argues with referees or officials.
3. The coach criticizes athletes, not their behaviours.
4. The coach won't listen to athletes or parents.
5. The coach allows cheating.
6. The coach makes winning the only goal.
7. The coach ignores lesser skilled players.
8. The coach makes you feel worthy only when you win.

