

# 8 More Warning Signs of Really Bad Youth Sports Coaching

1. The coach conducts sessions that resemble what an elite athlete or team would do.
2. The coach pushes kids to the point of them throwing up during a session.
3. The coach tries to get kids to specialise in their sport.
4. The coach continues to coach through dangerous weather conditions such as an electrical storm or extreme heat.
5. The coach tries to entice athletes from other training groups, squads or teams to join theirs.
6. The coach criticises the work of other coaches.
7. The coach is possessive of the athletes that they coach.
- 8.

The coach behaves poorly or holds a grudge when an athlete leaves their training group, squad or team to join another.

